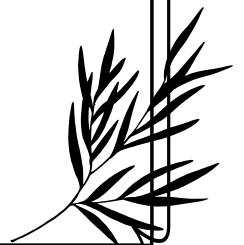


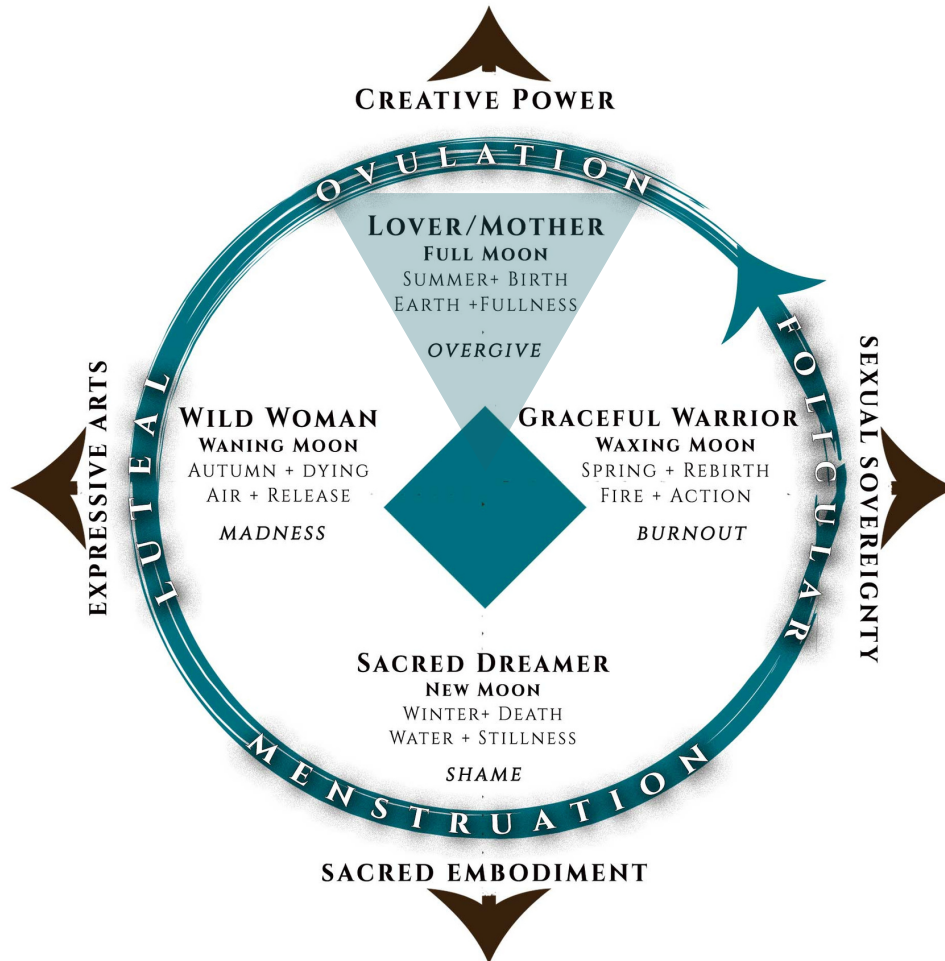
TEMPLE BODY ARTS  
RADIANCE SISTERHOOD

MY WOMB JOURNAL

Week One : Mother/Lover



# MOON COMPASS



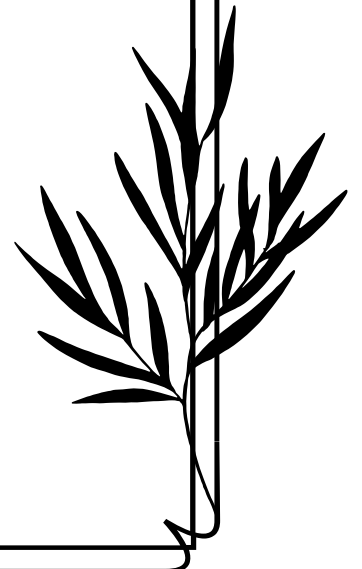
## THE MOTHER/LOVER ARCHETYPE

In the lunar cycle the Mother/Lover reflects the **full moon**. This is the time of ovulation where we are fertile, ripe and sensual. We feel full of our **creative power** and ability to give **birth** to ourselves and our gifts.

The Mother/Lover is generous, fully embodied and rooted in the **earth** and within. She is open, present and connected to her infinite creative power. The shadow aspect of the Mother/Lover is **overgiving**. If we do not love and fill ourselves up, we may feel depleted, overwhelmed and unnurtured.

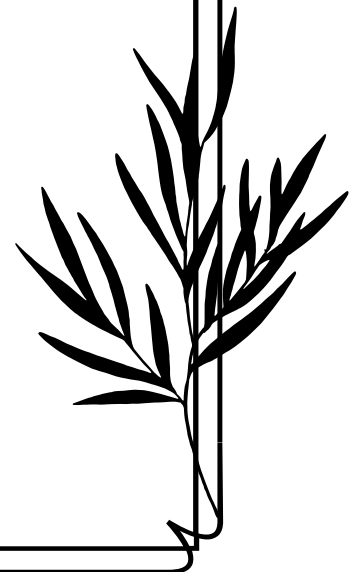
FULL MOON RITUAL REFLECTIONS

Thursday, October 1st



WOMB TRUTH MEDITATION REFELCTIONS

Friday, October 2nd

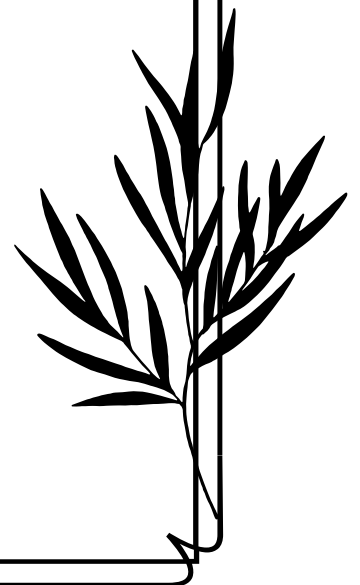






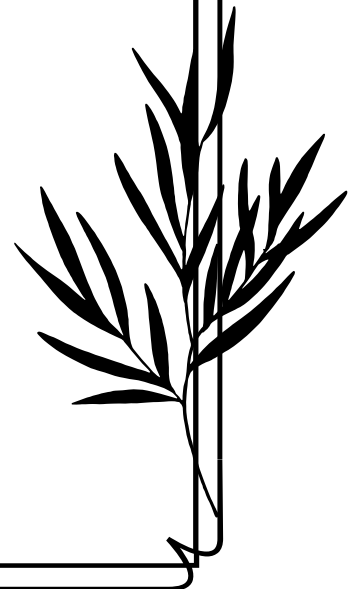
HOW CAN I ROOT INTO THE **EARTH**  
THROUGH MY WOMB?

Monday, October 5th



WHAT DOES MY **FULLNESS** FEEL LIKE IN MY WOMB?

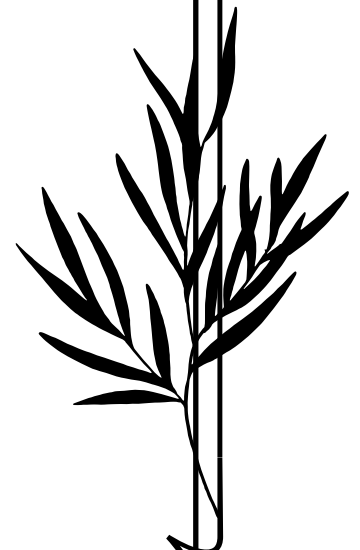
Tuesday, October 6th





WHEN I **OVERGIVE** WHAT DOES IT  
FEEL LIKE IN MY WOMB?

Wednesday, October 7th



HOW DO I EXPRESS THE **MOTHER/LOVER** ENERGY?

Thursday, October 8th

